



International Waterski & Wakeboard Federation

Coaches Development Seminar

Coaching level = A & B

A - Teaching up to Intermediate skiers

B - Developing Talent

20th to 22nd April 2012



Judges Development Seminar

Judging Level = up to International Level

20th to 22nd April 2012 (Seminar)

22nd & 23rd April 2012 (Exam)

Sunlake Hotel - Jakarta, Indonesia

Information & Registration Bulletin

Conducted by:

IWWF Development Commission

Hosted by:

Indonesia Waterski & Wakeboard Association

For questions please contact:

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1. General information

The Development Seminar targets all tournament (waterski) and wakeboard coaches, trainers and, more generally, people involved in tournament waterskiing and wakeboard wishing to improve their knowledge. Cable ski coaches and trainers are welcome as there is a good crossover of skills and techniques. This Seminar is geared towards beginner and intermediate coaching up to an early international level. The coaches' seminar will be run 20th to 22nd April 2012 in English.

In addition, there will be a tournament (waterski) judges' seminar aimed at developing people coming into the sport as judges. The seminar will cover the rules and the judge's role over the 3 events (slalom, trick and jump) with the aim to run and judge competitions up to International Level. The judges' seminar will be held 20th to 23rd April 2012 in English and there will be an exam for International-Level Judging Licensing on Sunday 23rd April and Monday 24th April 2012, and an exam for National-Level Judging Licensing on Monday 24th April 2012 in English.

** please note that the coach and judge seminars will be run simultaneously and it will not be possible to attend both seminars*

2. Seminar Agendas

Coaches Developing Talent	Judges Development
<p>Lecturers: Jean-Michel CAU (FRA): 21 years French team manager. Senior judge. Member of IWWF Development Commission.</p> <p>John WOOD (GBR): Former British Water Ski Performance Director. International Driver. Chairman of IWWF Development Commission.</p> <p><i>Program subject to change according to level and needs of participants</i></p>	<p>Lecturer: Maureen WRIGHT (GBR). E&A judge.</p> <p><i>Content can change depending on levels required (Beginner, Intermediate or Advanced)</i></p>
<p>Friday 20th April 2012</p> <p>09.00 - 13.00 Slalom – Modern technique including basic principles up to short line skiing with biomechanical and video explanation - JMC</p> <p>13.00 – 14.30 Lunch</p>	<p>Friday 20th April 2012</p> <p>09.00 – 13.00 Introduction: judge duties, duties of boat judge, duties of tower judge, duties of chief judge and homologation</p> <p>13.00 – 14.30 Lunch</p>

<p>14.30 – 16.00 Coaching Methodology (delivering coaching effectively) - JW</p> <p>16.15 - 18.30 Tricks – Key Skills: Advancing towards the boat, Edging</p> <p>Trick description & learning principles - JMC</p>	<p>14.30 – 16.00 Trick writing practice for international-level judging</p>
<p>Saturday 21st. April 2012</p> <p>09.00 – 11.00 Wakeboard Technique & Rules – JW</p> <p>11.15 – 13.00 Mental imagery & picture and movement analysis - JMC</p> <p>13.00 - 14.30 Lunch</p> <p>14.30 – 15.45 Driving theory – skills, rules, Zero Off - JW</p> <p>16.00 – 17.15 Video Analysis Practice – practice on 3 events –JMC</p> <p>17.30 – 18.30 Waterski Rules for Coaches – IWWF Rules in 3 events - JW</p>	<p>Saturday 21st April 2012</p> <p>9.00 - 13.00 Slalom: judging positions, principles, scoring, re-runs, general rules</p> <p>13.00 - 14.30 Lunch</p> <p>14.30 – 16.30 Jump: judging positions, measuring, re-runs, general rules</p>
<p>Sunday 22nd. April 2012</p> <p>09.00 - 10.30 Off Water Training – Physical training approach and programmes - JW</p> <p>10.45 – 13.00 Jump Progression from beginners to ¾ cut: diagrams, videos, exercises – JMC</p> <p>13.00 – 14.30 Lunch</p> <p>15.00 – 15.45 Environmental influence on performance: reasons for adapting in 3 events & how to put into practice - JMC</p> <p>16.00 – 17.00 Question Session & Seminar Close</p>	<p>Sunday 22nd April 2012</p> <p>09.00 - 13.00 Tricks: judging shorthand, scoring, re-runs, general rules, timing & technical set-up & looking at more Advance tricks</p> <p>13.00 – 14.30 Lunch</p> <p>14.30 – 16.00 Tricks: details, trick writing practice on video</p> <p>14.30 - 16.30 International –Level Judging Exam – Trick</p> <p>16.00 – 17.00 Question Session & Seminar Close</p>

	<p>Monday 23rd April 2012</p> <p>National & International –Level Judges' Exam:</p> <p>09.00 - 11.00 Judging Exam – Theory</p> <p>11:00 - 11:30 Break</p> <p>11.30 – 12.30 Judging Exam – Slalom</p> <p>12.30 – 14.00 Lunch</p> <p>National-Level Judges' Exam:</p> <p>14.00 - 16.00 Judging Exam – Trick</p>
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3. Travel and accommodation information

3.1. Travel

All seminar participants should make arrangements to arrive and depart from Jakarta International Airport (Soekarno-Hatta).

Visa on Arrival (VOA)

VOA is valid for 30 days and may be extended under certain circumstances, namely:

1. Occurrence of natural disasters,
2. Should the visitor fall ill or involve in an accident.

VOA's are available to passport-holders from: **Australia**, Argentina, Brazil, Denmark, Canada, Finland, France, Germany, Great Britain, Hungary, Italy, **Japan**, Norway, Poland, South Africa, **South Korea**, Switzerland, **New Zealand**, **Taiwan**, **the United Arab Emirates**, the United States of America, Austria, Belgium, **India**, Ireland, **Kuwait**, Luxemburg, **Maldives**, Egypt, **Oman**, Portuguese, **Qatar**, **The People of Republic China**, Russian, **Saudi Arabian**, Spain, **Bahrain**, Bulgaria, Cambodia, Cyprus, Estonia, Greece, **Iran**, Iceland, Laos PDR, Liechtenstein, Malta, Mexico, Monaco, Nederland, Suriname, Sweden, Aljazair, Fiji, Latvia, Libya, Lithuania, Panama, Slovakia, Slovenia, Rumania, Tunisia.

Formalities

A passport valid for at least six months from date of arrival, plus proof (tickets) onward or return passage, are all it takes to visit Indonesia.

Free Tourist Visa

Free Tourist visas of 30 days are available for passport-holders from the 12 countries, namely **Thailand**, **Malaysia**, **Singapore**, Brunei Darussalam, **Philippines**, **Hong Kong S A R**, Macao S A R, Chile, Morocco, Peru, Vietnam and Equador.

VISA Application at Indonesia Embassies or Consulates

Other visitors must apply for visas at Indonesia Embassies or Consulates in their home country. In addition, the visa cannot be replaced with any other immigration letters. The visa shall then be administered by Visa Officer in the presence of the applicant concerned.

You may find information on Indonesia embassies and consulates contact details at the Ministry of Foreign Affairs website on the following direct link: <http://www.deplu.go.id>

3.2. Airport Transfers

Sunlake Hotel which is 23 km away. The organising committee can arrange return airport transfers for participants from the Jakarta International Airport (Soekarno-Hatta) for a fee of USD15.00 per person. Please submit the attached "Airport Transfer Request Form".

3.3 Accommodation

Official Hotel: Sunlake Hotel (<http://www.sunlakehotel.com>)

New Wing	Old Wing
Executive Suite King Single Rp.610,000, net/night with Breakfast for 1 x Pax	Deluxe Suite King Single Rp.510,000, net/night with Breakfast for 1 x Pax
Executive Suite Twin Double Rp. 640,000 net/night with Breakfast for 2 x Pax	Deluxe Suite Twin Double Rp.570,000, net/night with Breakfast for 2 x Pax
Rate Includes 21% Government Tax & Service charge.	

Please submit the attached hotel reservation form by 1st March 2011 to:

Hotel contact person:

Eni Sumiarsih
Sunlake Hotel
Jl. Danau Permai Raya Blok C 1 Sunter. Jakarta 14350
Phone : + 62 21 6509969 Fax : +62 21 650 9970
Cell number : +62 815 1022
E-mail : sales@sunlakehotel.com Or: eni_heizel@yahoo.co.id

3.4. Lunch and dinner

Coffee breaks during the **three days** of meeting will be available free of charge, courtesy of the Indonesia Waterski & Wakeboard Association.

Price for Buffet Lunches and Dinners including water or soft drink at the Official Hotel is priced at Rp. 192,000 per person.

3.5. Payment and currency

Currency in used in Indonesia is Indonesian Rupiah and US dollars. All restaurants in the Official Hotel accept major credit cards.

4. Certificates

4.1. Coaches Development Seminar

All coaches participating in the coaches' development seminar will receive a certificate of attendance from the IWWF if they are present for all the sessions.

4.2. Judges Development Seminar

All officials participating in the judges' development seminar will receive a certificate of attendance from the Asian Waterski & Wakeboard Federation if they are present for all the sessions.

5. Judge Exams / License

Information will be provided in Bulletin No. 2

6. Registration Forms

All participants should submit their registration forms as follows:-

- Registration form for either Seminar by 1st March 2012 to the Indonesia Waterski & Wakeboard Association and copy to the AAO President
- Hotel booking form by 1st March 2012. After this date the availability and special rates are not guaranteed.

- Airport Transfer Request form by 31st March 2012. After this date the organizing committee will not be able to make arrangements for you.

7. Things to Bring & Know

Judges Development participant are to bring along their laptop computers and a copy of the current IWWF World Tournament Rules