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What is the IWWF DC?

The IWWF DC was formed at the 2005 IWSF Congress and has commission status within the IWWF. Like all IWWF Commissions the members of the commission work in a voluntary capacity and the budget is very tight but within these limitations we work hard to further the sport. As the name suggests the commission's mission is to support Confederations and National Federations in the development of the sport.

Strategy

The initial effort of the IWWF Development Commission was an analysis of Federation and Confederation demand and then the establishment of the strategy. Since the 2007 IWSF Congress the primary work has settled in to supporting the overall strategy of the development of Regional Games, as recognized by the International Olympic Committee (IOC). Whilst the long term goal of this is Olympic Games inclusion, the immediate target is to enable Federations to source income from their National Olympic Committees (NOCs) through the recognition of water skiing and wakeboarding as a Regional Games sport. The example of this is in the Europe & Africa Confederation where the sport has been included in the Mediterranean Games. Federations have received support and recognition from NOCs to enable this. In support of this and to help Federations in the Mediterranean Region enter teams and further the sport in their country the IWWF DC has run a series of seminars around the Mediterranean to develop coaching and thus talent with the Mediterranean Games as a competitive goal.

Seminars

The most immediate impact of the IWSF DC has been the seminar programme with, to date seminars in Cuba, China & Korea. The Cuba seminar was to give further impetus in participation in the PanAm Games with the China & Korean seminars aiming at the Asian games (Korea 2014) and South Asian Beach Games (Indonesia 2011). The aim is to run the seminars free to countries, beyond the hosting of the IWSF DC members, with the IWSF DC budget taking care of the members' flights. The expectation is that the host country has coaches from at least three other neighbouring countries present. The IWSF DC has committed to a seminar a year.

Resources

The main work has been the development of the seminar presentations with now a full menu at three levels covering all aspects of the sport. The summary of presentations available:



A - Teaching Beginners and Intermediates

- Water Skiing: Teaching beginners
- Wakeboard: Teaching beginners
- Slalom: Mono to slalom (beginner to Intermediate – up to 55 kph in slalom course)
- Tricks: Beginner to Intermediate (up to 2800 points)
- Jump: Teaching beginners (up to ¾ cut)
- Basic Driving

B - Developing Talent

- Slalom: On to short line (modern technique)
- Tricks: Key Skills Introduction, Advancing towards the boat, Edging, Flips (key points for performing tricks)
- Jump: Progression (intermediate to competition mode – ¾ to double cut)
- Wakeboard: On to competition (progressive edge to competition mode)
- Rules: (the key rules in 3 events & wakeboard which coaches need to be aware of)
- Coaching methodology (delivering coaching effectively)
- Off water training (coach awareness of strength & conditioning)
- Driving (driving for training & competition)
- Image & Video (use of the image and video – why and how)
- Video Analysis (practical use of video – DartFish)
- Talent Identification Systems

C - Advanced Level Coaching

- Slalom: Advanced short line
- Tricks: Body Overs, Toe Steps, Flips (technique and tips)
- Jump: High Level Technique
- Team Management (managing a team at a competition)
- Mental Imagery (the use of mental imagery as a coaching technique)
- Programming (session to season programming)
- Mental activity of competitive athlete (how athlete operates for the best performance)
- Trends in Coaching
- Components of High Level Performance

All of the above are delivered in a seminar format and are available to Federations hosting the IWWF DC seminars.

In addition we have produced resources for Federations:

- A guide to both show how to establish a Federation and then develop it
 - A presentation of how to establish and then develop a Federation has been produced and is now available for distribution



- A guide to develop tourist activity programmes to assist Federations in setting Health & Safety standards for tourist water skiing in resorts and ensuring newcomers are properly taught and encouraged in the sports with follow up from their home Federation.
 - This full package is now available to be sourced for commercial applications. Federations can gain revenue by accessing this and awarding qualifications.

These guides are available in pdf format

Coaching Diplomas Programme

The IWWF DC can also assist countries to develop their own coaching programmes and have these recognised by the National Ministry for Sport / National Olympic Committee

- A. Delivering expertise in the country to set the levels of the diplomas in correlation with the National rules (set by Ministry of Sport / National Olympic Committee).
- B. Put in place a programme of diplomas to be approved by different national bodies and the federation.
 - Organisation of one or more diplomas
 - Content
 - Number of hours of learning
 - Validation of experience for existing coaches
- C. Organisation and delivery of the courses
- D. Follow up, control and support

Please note that the IWWF DC does not hold funding for the individual development of Federations, we can give our time but it is up to Federations to raise funding to develop programmes. We can assist with these programmes and give them the backing of the IWWF to increase their status with Ministry of Sport / National Olympic Committee.

For further information on any of the above initiatives or the work of the IWWF DC please contact the DC through the IWWF office - iwwf@iwwfed.com