



DEVELOPMENT COMMITTEE INFORMATION

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What is the IWWF Development Committee?

The IWWF DC was formed at the 2005 IWSF Congress (now IWWF).

It was renamed Coaching and Development Committee (CDC) in 2013.

It has Committee status within the IWWF.

Like all IWWF Committees, the members of the Committee work in a voluntary capacity.

As the name suggests, the Committee's mission is to support Confederations and National Federations in the development of the sport.

Four Year Plan (2013/2017)

- Increase number of affiliated member federations.
- Increase number of members within affiliated member federations.
- Increase number of associate members, including corporate members.
- Increase number of federations affiliated to their National Olympic Committees (NOCs).
- Encourage creation of prioritized confederation development plans.
- Promote and develop towed water sports as recreational sports.
- Develop a program to encourage women in sport.
- Partner with industry to grow the sport.

Strategy

The strategy set by the Coaching and Development Committee (CDC) will focus on the following actions:

- Helping new federations
- Organising Coaching and Judging Development Seminars under the umbrella of each Confederation.
- Supporting the overall strategy of the development of Regional Games as recognized by the International Olympic Committee (IOC). The immediate target is to enable Federations to source

income from their NOCs through the recognition of water skiing and wakeboarding as a Regional Games sport.

New Federation Help

Resources are available for new Federations:

- A guide to both show how to establish a Federation and then develop it
- A national Coaching Diploma Programme
The CDC can assist countries to develop their own coaching programmes and have these recognised by their National Ministry for Sport/National Olympic Committee.

Different steps are offered:

- A. Delivering expertise in the country to set the levels of the diplomas in correlation with its National rules (set by Ministry of Sport/National Olympic Committee).
- B. Putting in place a programme of diplomas to be approved by different national bodies and the Federation.
- C. Organising and delivering one or more diploma courses.
- D. Providing content.
- E. Validating the experience of existing coaches.
- F. Following up, overseeing and supporting all endeavours.

Please note that the CDC does not have or offer funding for the individual development of Federations, CDC members can provide their expertise and their time, but it is up to Federations to raise funding to develop programmes and cover CDC logistical costs.

CDC can assist with these programmes and give them the backing of the IWWF to increase their status with Ministry of Sport/National Olympic Committee.

Seminars

The most immediate impact of the CDC is the world-wide seminar programme.

A seminar per year is targeted for each Confederation.

The Coaches Development Seminar targets all tournament and wakeboard coaches, trainers and, more generally, people involved in tournament skiing and wakeboard wishing to improve their knowledge. Cable ski coaches and trainers are welcome as there is a good crossover of skills and techniques. This Seminar is geared towards beginner and intermediate coaching up to an early international skiing level.

At the same time, there is a tournament judges' seminar which is aimed at developing people coming into the sport on the judging side. The course covers the rules and the judge's role in the 3 events (slalom, trick and jump) with the aim to run and judge competitions up to National Level.

Resources

This is a summary of presentations available:

A - Teaching Beginners and Intermediates

- Water Skiing: Teaching beginners
- Wakeboard: Teaching beginners
- Slalom: One ski to entering the course (Beginner to Intermediate – up to 55 kph in slalom course)
- Tricks: Beginner to Intermediate (up to 2800 points)
- Jump: Teaching beginners (up to half cut)
- Basic Driving
- Basics mechanics of waterski and wakeboard.

B - Developing Talent

- Slalom: On to short line
- Tricks: Key Skills Introduction, advancing towards the boat, edging, flips (key points for performing tricks)

- Jump: Progression (intermediate to competition mode – to double cut)
- Wakeboard: on to competition (progressive edge to competition mode)
- Rules: (the key rules in 3 events & wakeboard which coaches need to be aware of)
- Coaching methodology (delivering coaching effectively)
- Off water training (coach awareness of strength & conditioning)
- Driving (driving for training & competition)
- Images & Video (use of the images and video – why and how)
- Video Analysis (practical use of video – DartFish)
- Talent Identification Systems

C - Advanced Level Coaching

- Slalom: Advanced short line
- Tricks: Body overs, toe steps, flips (technique and tips)
- Jump: High Level Technique
- Team Management (managing a team at a competition)
- Mental Imagery (the use of mental imagery as a coaching technique)
- Programming (session to season programming)
- Mental activity of the competitive athlete (how the athlete operates for the best performance)
- Trends in Coaching
- Components of High Level Performance
- Behavioural skills coaching.

D – Other items

- Environmental influence on performance
- Cross sports principles
- Organizing a competition
- Competition administrative set up
- Waterski for the disabled.

Requirements for hosting a Coaches & Judges Development Seminar.

The hosting Federation will be required to cover the costs of accommodation plus meals of the lecturers who will present the seminar. The lecturers should each have their own rooms with en suite bathrooms and free wi fi access. Coaching lecturers' flight costs are covered by the IWWF and Judging lecturer flight costs must be covered by the host Federation. Travel costs in the host country are not covered by IWWF, so airport pickup is also required.

It is also a requirement that the organizer makes efforts to promote the seminar to neighbouring countries and attract their coaches and judges to attend.

IWWF also promotes the seminar to other Federations but the host Federation must use their contacts in neighbouring countries. The policy is that we cannot just run the seminar for coaches and judges from the host country only; and, nearer the date, we will ask for a list of attendees to ensure other nationalities will be attending.

The organizer will need to select a hotel. Normal standard is 3 stars or above. He will also need to provide the details for transfer from the airport to the hotel for the attendees together with the cost involved, though these are not at the organiser's expense.

Lecturers will arrive the day before the start of the seminar to make preparations and to ensure the lecture rooms are set up correctly. The seminar runs for up to 3 days and a programme will be agreed with the host Federation. For this period, the following are required:

- a main room to accommodate up to 50 people set up in lecture room configuration (classroom style).

- Up to 2 extra rooms to accommodate up to 20 people set up in lecture room configuration (classroom style). One for Judging and one for Wakeboard. Please note that the wakeboard room may not be required but we will not know until nearer the time.
- These rooms should all have Wi fi access and be situated close to each other (usually linked by a coffee break area) as attendees will be moving from room to room.

The seminar is run in English. If translation into the local language is needed, the organizer will provide a translator with water ski and wakeboard knowledge during the lectures.

Equipment Requirements

- 3 Data Projectors (for PowerPoint Projection) Sound system connection from PC to speakers (one for each room)
- 3 Screens
- 3 Flip Charts
- Ski handle and ski line + wakeboard handle
- Paper and pencils for the attendees

Hand-outs

The host federation will provide the copying of the seminar hand-outs for each attendee.

Certificates

Certificates of attendance will be issued by IWWF.

Media

To ensure the promotion of our sport, we strongly recommend you to produce and distribute a Media Release before the seminar and to organise a press visit and reports during and after the seminar.