



Application procedures for Therapeutic Use Exemptions (TUE)

Only *TUE* applications (and declarations of use) for athletes intending to participate in competitions of IWSF are to be addressed to IWSF (regardless of whether the athletes previously has received a TUE at national level) .

The file must be filled in a LEGIBLE way, using the IWSF forms and must be addressed to IWSF as soon as possible and in any event (save in emergency situations) no later than 21 days before the first day of a IWSF Competition.

For any medical treatment requiring the use of a prohibited substance as defined in the List of the WADA Prohibited Substances and Methods and if there is no therapeutic alternative, the file will be studied by at least three doctors who are member of the IWSF *TUE* Committee (*TUEC*) and sent back to the applicant with an approval or refusal.

Specific medical conditions

- Application for the use of insulin in case of **diabetes**:

The TUE application form must be accompanied by a complete medical file from the player's physician.

- Application for the use of amphetamine in case of **ADHD** (Attention Deficit Hyperactivity Disorder):

A complete medical file must be provided containing the treatments during childhood, the current treatment and psychiatric examination.



Inhaled Beta-2 agonists and glucocorticosteroids (asthma)

Athletes included in the IWSF *Registered Testing Pools* who intend to use *inhaled beta-2 agonists* (formoterol, salbutamol, salmeterol or terbutaline) in order to *treat asthma or one of its clinical variants* must obtain a TUE in advance of participating in a IWSF Competition.

The athletes also using inhaled *Glucocorticosteroids* shall declare it on the same TUE application form.

Non-Inhaled, non-systemic Glucocorticosteroids (GCS)

Players using GCS administered by non-systemic routes, namely intraarticular, periarticular, peritendinous, epidural, intradermal injections (and inhalation) must provide a *DECLARATION OF USE*.

For topical use of GCS, neither a TUE nor a declaration of use is requested.