

## Therapeutic Use Exemption (TUE) Procedure

### Procedure for athletes who need to take a prohibited substance for medical reasons

February 2013 version

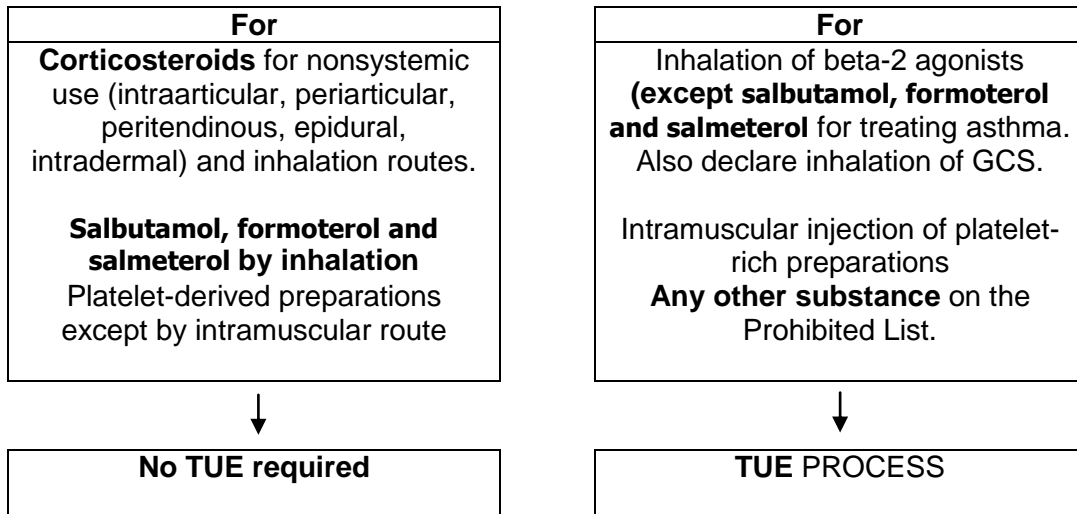
#### Please note:

- The TUE request forms must be completed **electronically** if possible, or in **BLOCK CAPITALS**.
- The TUE must be completed in English. If the medical information attached is in another language, please enclose translation in English.
- Any TUE request that is **incomplete or illegible** will not be dealt with and will be returned to the athlete, who will need to submit it again. This will, of course, delay the granting of the TUE and, therefore, the start of treatment.
- In accordance with the WADA International Standard for TUEs, the IWWF TUE Committee's decision will be completed within 30 days of receipt of all relevant documentation.
- The athlete can only submit one TUE request to one authorizing body at a time. He/she is not allowed to submit the same TUE request to several authorizing bodies.
- If the national anti-doping organization has already granted the athlete a TUE, he/she must send IWWF the certificate, a copy of the original application form and the complete medical file in order for the IWWF TUE Committee to check that it fulfils the IWWF requirements. If this is the case, IWWF will recognize the TUE. IWWF may ask for further documentation.
- This procedure should not in any case hinder or delay implementation of necessary or urgent medical treatment.
- Applications for a TUE for the use of **beta-2 agonists other than** inhaled salbutamol, formoterol and salmeterol must be accompanied by a full medical file, as stipulated in **IWWF's asthma minimum requirements**.
- The non-systemic use of glucocorticosteroids, as well as the inhalation of salbutamol, formoterol and salmeterol does not require a TUE. However, their use should be declared using the Declaration of Use form.
- In order to avoid exceeding the urinary limit for salbutamol, formoterol and salmeterol, it is of utmost importance that physicians carefully instruct all athlete taking these substances how to use them correctly. Athlete should be reminded to follow the prescription exactly for the administration route, dosage and frequency of use and explicitly warned of the possibility of an adverse analytical finding.
- IWWF advises that athlete (through their physicians) submit a declaration of use to the IWWF TUE Committee at the time of use.

## Compliance with sports rules

If I need to take a medicine that is listed on the Prohibited List, I must follow the procedure explained below as soon as possible:

**NB: for topical use of GCS (auricular, buccal, dermatological (including iontophoresis /phonophoresis), gingival, nasal, ophthalmic and perianal), neither a TUE nor a Declaration of use is required. Depending on the medicine involved**



### Where can I get the form?

The form can be downloaded from the IWWF website <http://www.iwsf.com>

### How do I fill in the form?

Complete the form in **BLOCK CAPITALS** correctly and legibly with your doctor, who should fill in the appropriate boxes. Submit ALL documents required .

### Where do I have to submit the form?

Send an e-mail to [nenad.dikic@gmail.com](mailto:nenad.dikic@gmail.com)  
Keep a copy of the TUE form and the fax confirmation sheet.

### When am I allowed to take the prohibited substance?

Upon receipt of authorisation from IWWF. You can then use the substance in question during sport. This authorisation notice will specify the details of medical use, which will have to be duly respected.