

## INTERNATIONAL WATERSKI & WAKEBOARD FEDERATION

### ANTI-DOPING INFORMATION

Updated March 2015

The IWWF has been signed up to the World Anti Doping Code for several years and is committed to drug free sport in all forms of water ski and wakeboard.

This page can assist athletes, coaches and Federations in finding all the necessary information they may need in order to avoid using any banned substances.

Athletes are urged to follow links to the World Anti-Doping Agency (WADA) where a huge amount of information can be found on this subject.

#### 1. REGULATIONS

- CURRENT IWWF Anti-Doping Rules – [link to IWWF Anti-Doping Rules 2015.pdf](#)
- The WADA Code go to link - <https://www.wada-ama.org/en/resources/the-code/world-anti-doping-code> This document is available in many different languages.
- List of Prohibited Substances go to link – <https://www.wada-ama.org/en/resources/science-medicine/prohibited-list>
- The Prohibited [List and its related documents are available for mobile devices](#) and as an iPhone/iPad application. Visit the App Store to download your [free Prohibited List iPhone application](#).

#### 2. THERAPEUTIC USE EXEMPTIONS (TUE)

The International Standard for Granting Therapeutic Use Exemptions (TUEs) developed by the World Anti-Doping Agency provides the framework for athletes to use medicines on the 'Prohibited List' to treat legitimate medical conditions.

This is important because athletes, like everyone else, may suffer from illnesses (for example, asthma) that require them to take particular medications. Provided that the need for medications is genuine, and subject to specific criteria, the use of medications should not impact on the ability of athletes to play sport. Athletes that have a duly authorized TUE will not be considered to have committed an Anti-Doping rule violation following a positive test result for the approved medication so long as the conditions of the TUE were fully met.

For example, one of basic rules is that all glucocorticosteroids are prohibited when they are administered by oral, intravenous, intramuscular or rectal routes. Administration of glucocorticosteroids by systemic route is an indication for standard TUE application.

Glucocorticosteroids administered by local route are not prohibited starting in January 01, 2011.

All beta-2 agonists, including all optical isomers (e.g. d- and l-) where relevant, are prohibited except inhaled salbutamol (maximum 1600 micrograms over 24 hours), inhaled formoterol (maximum delivered dose 54 micrograms over 24 hours) and salmeterol when taken by inhalation in accordance with the manufacturers' recommended therapeutic regimen.

The TUE standard is an integral part of the International Convention against Doping in Sport because it is fundamental to international harmonization in the fight against doping in sport. Adherence to this standard ensures that the process for granting TUEs is the same across all sports organizations and countries.

## Links to TUE documents

- **International Standard for Therapeutic Use Exemptions** – <https://www.wada-ama.org/en/resources/therapeutic-use-exemption-tue/international-standard-for-therapeutic-use-exemptions-istue>
- **link to IWWF TUE Application procedure pdf**  
<http://www.iwsf.com/AntiDoping/TUE%20application%20procedure.pdf>
- **link to Asthma Minimum Requirements information pdf**  
<http://www.iwsf.com/AntiDoping/Asthma%20minimum%20requirements.pdf>
- **link to IWWF TUE Application Form pdf**  
<http://www.iwsf.com/AntiDoping/TUE%20Application%20form.pdf>

## 3. DOCUMENTS

Athlete Guidelines link to <https://www.wada-ama.org/en/who-we-are/anti-doping-community/athletes>

## 4. FREE EDUCATION INFORMATION FROM WADA

Federations can find a huge amount of educational information directly from the following link:  
<http://www.wada-ama.org/en/Education-Awareness/>

## 5. IWWF ANTI-DOPING DECISIONS

<http://www.iwsf.com/AntiDoping/AD%20Rule%20Violations%20List.pdf>

## 6. IWWF Anti Doping Committees

IWWF Therapeutic Use Committee:

Chair Dr. Nenad Dikic, Members – Dr. Lorenzo Benassa, Dr. Ronald Moore.

To view the Chair and members of IWWF's Anti-Doping Committee go to  
<http://www.iwsftournament.com/directory/showgroup.php?group=31>

To view the Chair and members of IWWF's Doping Hearing Panel go to  
<http://www.iwsftournament.com/directory/showgroup.php?group=27>

To view the Chair and members of IWWF's Medical Committee go to  
<http://www.iwsftournament.com/directory/showgroup.php?group=22>

## 7. OTHER USEFUL LINKS

World Anti-Doping Agency (WADA)

Court of Arbitration for Sport (CAS) - Tribunal Arbitral du Sport (TAS)

International Olympic Committee (IOC) Medical Commission

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